

Overcoming the Monotony of Life

Have you ever battled the monotony of life? For me, it seems like I do the same thing every Monday, the same thing every Tuesday, the things required on Wednesdays, etc. Life can become so routine. Does your life ever feel like a loop? Wake up, go to work, eat, sleep, repeat. Even for the faithful, the rhythm of daily routine can dull our sense of purpose. We pray, we serve, we strive, yet sometimes it feels like we are just treading water. Where is God? Why am I not spiritually uplifted? What has happened to my joy in Christ? The monotony creeps in quietly, numbing our joy and dimming our spiritual zeal. But should monotony be considered an enemy? Or an invitation?

Monotony often masquerades as safety. Routines give us structure, predictability, and control. But when repetition becomes disengagement, we lose touch with the sacredness of the present moment. The Israelites wandered for forty years, not because God had abandoned them, but because they had stopped seeing Him in the manna, the cloud, the fire. Familiarity bred forgetfulness.

Jesus, on the other hand, embraced the ordinary. He broke bread, walked dusty roads, washed feet. His miracles often began in mundane moments—a wedding, a fishing trip, a quiet conversation. He didn't escape monotony; He infused it with meaning.



To overcome monotony, we must reawaken our sense of wonder. That begins with attention— noticing the unnoticed. The sunrise, the laughter of a child, the scent of coffee, the many colors of creation. These are not hindrances to your day; they are invitations to gratitude. Also, we need to learn to challenge the way we think. Instead of "What do I have to do today?" ask "Where might God surprise me today?" There are other ways to help. Take a different route to work. Call someone unexpectedly. Read a psalm out loud. Remember that God is with you. Jesus promised, "I will never leave you nor forsake you" (Hebrews 13.5). Can you engage in His presence? At this moment, what does Jesus see me doing? Is there any way I can incorporate Him into my routine? Can I do my work and show the joy of my Savior being by my side? Can I sit in silence and meditate upon Him and His love? Routine doesn't have to be monotonous—it can become some of the most rewarding moments of our day. Think about it!

Gary

When No One Is Watching

Genesis 39.1-6

- 1) Imagine you have been taken from your home to a foreign land. You have been made a slave and work under a powerful master. No one from your past knows where you are. No one is watching. And then, temptation walks in—not subtle, not accidental, but persistent and seductive. How would you respond?
- 2) Do I do things in secret that are totally opposite the faith I proclaim?

From Joseph, We Learn...

I) _____ Is Who You Are When No One Is _____.

- A) Joseph was all alone in Egypt.
 - 1) He had been sold into slavery by his brothers (Gen. 37.12-28).
 - 2) The _____ was with Joseph and made all he did _____ (Gen. 39.2).
- B) Potiphar's wife tried to seduce Joseph.
- C) Do we face similar temptations today?

II) _____ Is _____.

- A) Potiphar's wife did not tempt Joseph just once—she pursued him *“day after day”* (v. 10).
- B) How did Joseph respond to her sexual advances?
 - 1) Joseph refused to violate Potiphar's _____.
 - 2) Joseph knew some things did not belong to him.
- C) How do I handle constant temptation?

III) To _____ Our Escape Routes.

- A) Joseph did not negotiate—he _____.
- B) Do you have escape routes set up for your temptations?
 - 1) Fleeing may feel _____—but it is actually _____ in motion.
 - 2) Sometimes, the most courageous thing you can do is run.

IV) To Count The Cost Of _____.

- A) Joseph saw the act of betrayal not only against Potiphar, but as _____ against _____.
- B) Today, compromise often comes disguised as convenience, pleasure, or opportunity.
- C) Temptation never shows you the bill upfront.

V) To _____ Our Identity In _____.

- A) Joseph was a slave, but he didn't act like one.
 - 1) Joseph lived as a child of God.
 - 2) Am I doing the same?
- B) Do not let your _____ define who you are.

VI) To Trust That God Sees And Rewards _____.

- A) How was prison a reward (Gen. 39.21)?
- B) The results from doing the right thing may not seem fair.
- C) Obedience is rewarded _____.

Conclusion: Do you need God's help in your life today?

Good morning WH! I guess you have probably already seen, as I have, the Christmas lights and decorations already springing up in your neighborhood. My nephew recently stated in a blog post that this just seems so totally “wrong”, as in his opinion, no decorations should be placed before Thanksgiving, because Thanksgiving was totally about the 3 “F”s – Food, Family & Football! While I have enjoyed those three immensely in the past, I thought about going into this Thanksgiving holiday with a different perspective and purpose.



The holidays bring a unique rhythm we don't experience at any other time of year. Work slows down. Schools take a break. Families gather around tables, living rooms, and traditions that have been carried from one generation to the next. In these moments, God often opens doors that are harder to find during the busyness of everyday life- doors that lead to connection, reconnection, and even the rebuilding of relationships that have weathered some strain.

Family relationships can be beautiful, but they can also be complex. Sometimes misunderstandings linger. Sometimes distance or busyness has created gaps. Sometimes old wounds still ache quietly beneath the surface. But the holiday season, with its emphasis on gratitude, generosity, and togetherness, creates natural opportunities to soften hearts and draw closer again.

This year, consider approaching your holiday gatherings with spiritual intentionality. Look for quiet moments to check in with someone you haven't talked to in a while. Offer a word of encouragement to a family member who may feel overlooked. Ask thoughtful questions. Listen more than you speak. Be willing to let go of an old grievance. Extend grace in the same measure you hope to receive it.

Paul reminds us in Ephesians 4:32 to “be kind to one another, tenderhearted, forgiving one another, *as God in Christ forgave you.*” That verse becomes especially meaningful when applied around holiday tables.

You may not be able to fix everything, and not every relationship will be instantly healed—but small steps matter. A gentle tone. A sincere apology. A shared memory. A prayer offered together. These simple moments can plant seeds that God will continue to grow long after the decorations are put away.

As you enter this holiday season, may God use your family time to strengthen connections, restore bonds, and build bridges that lead to deeper love and unity. Pray about it and give those action verbs underlined above a try—You'll be blessed!

-- Les Keele

SHEPHERDS

Greg Ball	214-801-7375
Russ Bartee	817-938-5825
Dan Kille	817-793-7493
*Chuck Meyer	682-553-5444
Ross Tomlinson	682-429-1983
John Walton	817-441-0000

*Shepherd of the month

MINISTERS

Gary Williams: Pulpit Minister	662-321-3208
Les Keele: Associate Minister	817-808-0566
James Bowie: Youth Minister	817-944-4492

LAOTIAN MINISTRY

John Boudtaroth 817-891-2132

DEACONS

Jon Bartee	817-889-2686
David Birdow	972-310-1143
James Bowie	817-944-4492
Zach Brookshire	817-296-9918
Brandon Duncan	903-603-1059
Jay Garner	817-205-2070
Ben Meyer	817-673-8557
Robert Scott	817-246-0911
Matt Sloan	405-471-3404
Steve Taylor	817-291-2065
Buck Thomas	817-733-2620
Arthur Torrez	817-721-2726

MORNING WORSHIP (10 AM)

Welcome - Brandon Duncan

Song Leader - Matt Sloan

Song - Soldiers of Christ Arise

Song - Shout to the Lord

Song - As the Dear Thirsts

Opening Prayer - Joe Gentry

Scripture - Genesis 39.1-6

Song - Alas! and did my Savior Bleed

Lord's Supper - David Birdow

Prayer for Contribution - David Birdow

Song - Ten Thousand Reasons

When No One Is Watching - Gary Williams

Song - Do You Know My Jesus

Announcements - Les Keele

Shepherd's Prayer & Dismissal - Chuck Meyer

Our Code for Tithe.ly

Giving



QR Code for

Attendance



Attended Nursery: After communion, we have an attended nursery available for ages birth to 3 years and a mother's nursing room.

Single-side in-ear mono earbuds with personal receivers are available for those with hearing difficulties. Please see the sound booth at the back of the auditorium for assistance.

DAILY BIBLE READINGS

Monday, November 17

Ezekiel 43-44; Acts 6

Friday, November 21

Joel 1; Acts 10

Tuesday, November 18

Ezekiel 45; Acts 7

Saturday, November 22

Joel 2-3; Acts 11

Wednesday, November 19

Ezekiel 46-47; Acts 8

Sunday, November 23

Amos 1-2; Psalm 142; Acts 12

Thursday, November 20

Ezekiel 48; Acts 9

Last Week

Bible Class	109	Wednesday					
Worship	183	Contribution		103			
PM Worship	43	Budget		\$14,192.47			
				\$14,216.88			

Times of Assemblies

Bible Class:	9:00 AM
Sunday Morning Worship:	10:00 AM
Sunday Evening Worship:	5:00 PM
Wednesday Evening:	7:00 PM

FAMILY PRAYER REQUESTS

NAME	CIRCUMSTANCE	PRAY FOR
SHIRLEY BENNETT <small>10/16/2025</small>	IS RECUPERATING AT HER HOME UNDER THE CARE OF HER SON AND DAUGHTER. NO VISITORS AT THIS TIME PLEASE. 4018 RIDGLEA COUNTRY CLUB, #508, FORT WORTH, TEXAS 76126	HEALING AND RETURN TO GOOD HEALTH
EMILIO FERNANDEZ <small>10/22/2025</small>	HE IS NOW HOME HEALING. 232 LOCHNESS DRIVE, BENBROOK, TEXAS 76126	BLOOD PRESSURE WILL BE MAINTAINED AND PHYSICAL THERAPY WILL HELP HIM TO GET AROUND
DAN PRATT <small>09/25/2025</small>	AWAITING KNEE SURGERY. 10920 HAWKINS HOME BOULEVARD, P. O. BOX 126437, BENBROOK, TEXAS 76126	SUCCESSFUL SURGERY
LORENZA FERNANDEZ <small>10/22/2025</small>	HIT HER HEAD WHILE IN THE HOSPITAL AND HAS TWO BLACK EYES BUT IS DOING WELL PHYSICALLY. 232 LOCHNESS DRIVE, BENBROOK, TEXAS 76126	STRENGTH TO ASSIST EMILIO
BETTY WHITE <small>10/22/2025</small>	HAS HAD A PROCEDURE THAT WILL HELP HER BLOOD TO CLOT. 9609 WESTPARK, BENBROOK, TEXAS 76126	SUCCESS FROM PROCEDURE AND FULL RECOVERY
BRANDON DUNCAN <small>10/22/2025</small>	WILL HAVE SPINAL INFUSION SURGERY ON DECEMBER 15, WHICH WILL REQUIRE AN OVERNIGHT STAY IN THE HOSPITAL. 110 MCANEAR STREET, CLEBURNE, TEXAS 76033	SUCCESSFUL SURGERY AND RELIEF FROM PAIN
BARBARA HOWARD <small>10/22/2025</small>	HAS RETURNED HOME FROM HER HOSPITAL STAY AND HAD A NEW PACEMAKER AND BATTERIES IMPLANTED. SHE IS HAVING HER SISTER, LINDA SAXTON, MOVE IN WITH HER. 6075 FM 1189, WEATHERFORD, TEXAS 76087	THAT THEY ARE ABLE TO HELP EACH OTHER
MARY EAST <small>07/08/2025</small>	HAS BEEN PUT ON HOSPICE AT THE HOME OF MARK AND KAREN BRAHN AND REMAINS VERY WEAK. 101 RAMBLING TRAIL, WEATHERFORD, TEXAS 76087	STRENGTH AND COMFORT FOR MARY; GUIDANCE FOR MARK AND KAREN

All requests are posted for 30 days unless the office is notified to continue running them. Thank you.

NAME	CIRCUMSTANCE	PRAY FOR
ROB DONAHUE 11/14/2025	HE IS IN NEED OF A JOB.	THAT GOD GUIDES HIM TO THE PERFECT PLACE FOR HIM
IAN THOMAS 11/14/2025	HE HAS SICK CLASS MATES.	PRAYERS FOR HEALING
ELLEN BARTEE 11/14/2025	SHE HAD OUTPATIENT SURGERY (AN ABLATION OF THE TRACHEA WHICH IS 50% BLOCKED WITH SCAR TISSUE) ON 11/14.	COMPLETE HEALING
ANGIE KIRKPATRICK 11/14/2025	SHE IS HAVING SOME HEALTH ISSUES.	THE DOCTORS CAN HELP HER

FRIENDS, FAMILY, AND NEIGHBORS PRAYER REQUESTS

NAME	REQUESTED BY	CIRCUMSTANCE	PRAY FOR
Philemon Raya, our missionary in India	Milt Birmingham	Had successful surgery on his two aneurysms.	Praise God for success, skill for the doctors in his recovery, comfort and peace for him and his family, healing 10/15/2025
Dianne Snapp, daughter of	Tom and Paula Pauley	Is undergoing neurological testing.	Results to direct the doctors in diagnosing and treating symptoms 10/13/2025
Jim, brother-in-law of	Paula Pauley	Has prostate cancer and other health issues.	Healing and return to good health 10/13/2025
Christine, granddaughter of	Clara Boudreaux	Discovered she needs a tumor removed and does not have health insurance.	The ability and circumstances to have the surgery and that the tumor is benign 09/18/2025

FRIENDS, FAMILY, AND NEIGHBORS PRAYER REQUESTS

NAME	REQUESTED BY	CIRCUMSTANCE	PRAY FOR
Terry Stom, husband of	Pam Stom	Had a screw put in place for a fractured hip suffered in a fall. He is in great pain. 304 Memory Drive, Fort Worth, Texas 76108	Recovery and full use of hip <small>10/20/2025</small>
Tracie Jones, wife of,	Russ Jones	She is having health issues.	Healing 1/14/2025
Darsi Martinez Ballew, friend of	Lisa Wilson	Has been diagnosed with stage 4 pancreatic cancer.	Treatment and healing <small>10/24/2025</small>
Ethel Melendy	Chandra Mann	Is having leg pain.	Comfort and relief <small>10/24/2025</small>
Art Renfro friend of,	Betsy Strother	He suffered a stroke.	Complete Healing 1/14/2025
Rose Mary Perkins friend of,	LaRue Bow	She is awaiting the results from a biopsy.	Pray there isn't any cancer 1/14/2025
Brook, the niece of,	Misty Martinez	She will be having rods put in her hip this summer.	Pain and that she can handle waiting 1/14/2025
Tracie Jones, wife of,	Russ Jones	She is having health issues.	Healing 1/14/2025

NEW ADDRESS

Bea Coleman House new address is:
7561 FM 870
Sulphur Springs, TX, 75382

LADIES' NIGHT



New Night:
Mark Your Calendars
Ladies' Night
6 PM - 8 PM
Tuesday, November 18

THANKSGIVING FEAST

Thanksgiving Celebration

There will be a Thanksgiving Meal here at the building on Thanksgiving Day at 12pm. The meat, the rolls and the dressing will be provided. Please bring a side dish or dessert. Talk to Frankie Smith for more information.

SMALL GROUPS

Our last **small groups** will meet on November 16th and will resume after the New Year.

MEN'S BREAKFAST

Thursday
November 20
7:00 AM
IHOP on Cherry Lane
Come join us for fellowship and a time of devotional study.

TUESDAY MORNING BIBLE CLASSES

10 AM

LADIES' BIBLE CLASS

FELLOWSHIP ROOM

PAULA PAULEY

We will be studying I and II Timothy this week.

MEN'S BIBLE CLASS

LIBRARY

MILT BIRMINGHAM

12 PART VIDEO SERIES

BIBLE WARFARE

BY MIKE MAZZALONGO

FOLLOWED BY CHRISTIAN RELIGIONS AND

ISLAM

YOUTH GROUP DATES

November 23: Thanksgiving feast

December 6: Youth group Christmas party

FOOD BANK STATS

October Food Bank Stats:

236- Families Served

\$469.21-Cost to WHCOC

Celebrating in November

Adult Birthdays

- 3 Pam Eubanks
- 6 Buck Thomas
- 12 Holly Thomas
- 13 Ben Keller
- 13 DJ Keller
- 15 Jim Haas
- 17 Lillian Kite
- 18 Faiha Al-Atrash
- 18 Chuck Meyer
- 18 Caleb Bartee
- 19 Linda Draper
- 19 Stefanie Sanchez
- 22 Russ Bartee
- 30 Laura Pace

Children's Birthdays

- 17 Caleb Jones
- 28 Guendee Torrez

Remember Me Birthdays

- 10 Tommy Wade
- 11 Joyce Franz
- 11 Joe Bravenec
- 17 Ray Meisenhalder 100
- 22 Charles Stephan

Anniversary

- 14 Wayne and Linda Tong